

Travel to Banff and Lake Louise Virtually



May 12, 2020 (BANFF & LAKE LOUISE, ALBERTA) – While we may not be able to currently travel due to the COVID-19 pandemic, Banff & Lake Louise Tourism is inviting travel enthusiasts to explore Banff National Park from home. Here are some ways you can do this.

Transport yourself to Banff and Lake Louise with a Zoom background

While many people are working from home, travel-inspired zoom backgrounds can transport you to your favourite destination at no cost. Elevate your next Zoom meeting with your favourite backdrop of Banff National Park. [View the selection](#). From jaw-dropping aerials to luxurious and expansive suites, Fairmont Hotels and Resorts has additional images that can be downloaded [here](#).

Find peace and calm through virtual forest therapy walks

To foster a connection with ourselves, others and our natural environment during what is a stressful time for many of us, [Forest Fix](#) has introduced biweekly virtual forest therapy walks. Participants will embark on a guided sensory journey where they will have the chance to share and connect with the group throughout the experience. The walk concludes with a virtual tea ceremony and sharing circle. Interested participants can take part from their home, backyard or neighbourhood park. A suggested donation of \$20 is recommended. For more information, read this [Good News story](#).

Enjoy ‘Epic Films for the Great Indoors’

While many of the Banff Centre Mountain Film and Book Festival screenings around the world have been postponed or cancelled, The Banff Centre is encouraging adventuring from the



great indoors with its curated '[Epic Films for the Great Indoors](#)' program. If you are looking to satisfy your thirst for adventure, enjoy these free films with your family or roommates from home.

Visit iconic landmarks through 360 experiences

Travel to some of the most iconic landmarks in Banff or iconic Lake Louise virtually through one of our [360 experiences](#). Immerse yourself in the calm and stillness of Johnston Canyon, while watching gallons of water cascade down steep walls of limestone bedrock. Adventure seekers can also explore one of the largest non-polar icefields in the world, the Athabasca Glacier, and more.

Connect with nature and wildlife

Enjoy stunning footage of Banff National Park and its wild locals as local wildlife photographer Amar Athwal and Susan Staple of Parks Canada share their [stories and unique local perspectives](#).

Help Banff and Lake Louise thrive again by supporting local businesses

- [Banff Yoga Practice](#) is offering an online class pass that grants wellness enthusiasts access to an array of classes. Find transformation and inspiration through yoga, mindfulness and meditation.
- Banff-based [Park Distillery](#) is now producing hand sanitizer, which is available to individuals or wholesalers.

For more information on online retailers, and to shop Banff from home, visit the [Town of Banff](#) or [YourBanff.com](#).

Banff National Park visitor services and facilities are temporarily closed to vehicle traffic. We are working as a community to be able to welcome visitors again soon.

###

High resolution images can be accessed [here](#).

ABOUT BANFF AND LAKE LOUISE

Banff and Lake Louise offers incredible experiences that reconnect people to the natural world. Situated in the stunning Canadian Rocky Mountains in Banff National Park, within a UNESCO World Heritage Site, accessible year-round adventure and wellness is cultivated every day of the year by visitors from across the globe. Home to three ski resorts, countless glacier fed lakes, two vibrant townsites, and authentic Canadian culture and cuisine, this place is unforgettable, and it's truly Alive.

For more information contact:

Kim Logan, Manager, Media & Communications
Banff & Lake Louise Tourism
403 434 0101 klogan@banfflakelouise.com

Angela Anderson, Director, Media & Communications
Banff & Lake Louise Tourism
403 762 7761 aanderson@banfflakelouise.com